TRUE ART TATTOO STUDIO OF MUSCATINE

810 Park Ave Ste 2, Muscatine, IA 52761 · 563-261-7486

Tattoo aftercare
Keep this sheet

TATTOO AFTERCARE

General instructions for all permanent tattoos. Questions about your tattoo while it heals? Contact us.

Golden rule: DO NOT scratch or pick at your tattoo!

STEP BY STEP

1. **Leave the tattoo wrapped for 2 to 4 hours.** Then remove the wrap, clean the tattoo, and apply aftercare ointment.
2. Apply an aftercare lotion or ointment **3 times daily for 5 to 7 days**, or whenever your tattoo feels dry.
3. **Wash the tattoo daily** in the shower or sink, just like any other part of your body.
4. Continue with aftercare ointment, or switch to a lighter lotion, **for an additional 5 to 7 days**.
5. After **about 2 weeks**, resume your normal routine.

YOUR HEALING TIMELINE

- **First 2 to 4 hours:** keep it wrapped (step 1).
- **The first 5 to 7 days:** lotion or ointment 3 times a day, or when it feels dry (step 2). Wash it daily (step 3).
- **The next 5 to 7 days:** keep up the ointment or switch to a lighter lotion (step 4).
- **After about 2 weeks:** back to your normal routine (step 5).

Same steps as above, laid out by day.

GOOD HABITS

- Wash your hands before you touch your new tattoo.
- After washing, pat it dry with a clean paper towel.
- Wear loose, clean clothing over the tattoo while it heals.

PRECAUTIONS UNTIL YOUR TATTOO IS FULLY HEALED

- **Do NOT scratch or pick** at the tattoo.
- **No swimming:** no pools, oceans, baths, etc.
- Do not tattoo the same area again until it is healed.
- Do not rub or traumatize the tattooed area.
- Avoid prolonged direct sunlight.
- If you have any questions or concerns, contact us.

WHEN TO CONTACT A PHYSICIAN

If you experience **excessive redness, swelling, tenderness, red streaks from the tattoo to the heart, elevated temperature, or purulent drainage** (pus) from the tattoo site, **contact a physician**.

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